## 3 days workshop:

Optimizing Functional Cognition and Executive Function: Assessment and Strategy Based Intervention - Fundamentals of the Multicontext Approach

September 30, October 1 and 2, 2026 - Centre hospitalier Charles Perrens, Bordeaux, FRANCE

### Presented by Joan Toglia PhD, OTR/L, FAOTA

Dr. Toglia has 40 years of experience in Occupational Therapy, working in acute, rehabilitation and outpatient settings with persons with cognitive impairments. Dr. Toglia is especially known for her work on the Multicontext Treatment Approach and the use of dynamic investigative assessment methods. She has presented lectures and workshops worldwide and is author of numerous publications. She has contributed extensively to the field of cognitive perceptual rehabilitation as a clinician, educator and researcher.



**Organization**: University of Bordeaux - Collège Sciences de la Santé; CH Charles Perrens; Mc CogRehab Resources LLC

**Participants**: Occupational therapists with a state diploma in France or equivalent qualification in Europe, with at least one year of experience

## Workshop objectives:

- Strengthening occupational therapists' knowledge of functional cognition
- Understanding and mastering the foundations of the multi-contextual approach to cognitive rehabilitation

## 3 days workshop for occupational therapists, organized in 2 parties :

# Part 1 (day 1): Functional Cognition: Clinical analysis of Executive Function, Memory, Self-Awareness and Performance Based Assessment

This one day workshop will provide therapists with the ability to analyze and interpret cognitive errors or behaviors observed during functional activities and choose the most appropriate functional cognitive assessments.

An in-depth, updated review of executive function (EF), memory and self-awareness will provide a foundation for interpretation of task errors and behaviors. Participants will analyze errors and factors influencing performance through video clips and written scenarios and discuss implications for treatment. Clinical examples will focus on adults with stroke and acquired brain injury; however, implications and applications for a wide range of adult populations will be discussed.

Differences in performance-based assessment methods and specific tools will be reviewed, and compared. Variations in documentation, interpretation of results, and implications for treatment based on assessment methods used will be discussed. The use of error analysis tools as a basis for guiding metacognitive strategy intervention such as the Multicontext approach will be discussed and illustrated through case examples of Weekly Calendar Planning Activity (WCPA) assessment results.







## 3 days workshop:

Optimizing Functional Cognition and Executive Function: Assessment and Strategy Based Intervention - Fundamentals of the Multicontext Approach

September 30, October 1 and 2, 2026 - Centre hospitalier Charles Perrens, Bordeaux, FRANCE

# Part 2 (days 2 & 3): Fundamentals of the Multicontext Approach: An in-depth workshop on Metacognitive Strategy Intervention methods for Cognitive Rehabilitation

This 2-day treatment focused workshop builds upon foundational knowledge and skills gained from prerequisite courses or day 1 and provides an in-depth review and practical guidelines for implementing each of the 3 main components of the Multicontext Approach: (1) strategies, (2) structuring treatment activities to promote transfer and generalization, and (3) metacognitive framework and guided learning methods. There is a focus on building online awareness of performance and self-efficacy throughout treatment to promote optimal strategy use and generalization.

Case examples and videos will show how repeated experiences with a range of activities that present common cognitive challenges provide clients with the opportunity to self-discover patterns of performance errors, anticipate activity conditions that present difficulties, and practice similar strategies across different tasks. Participants will practice case analysis and will be guided in designing and implementing Multicontext intervention, including the use of strategies, guided learning methods, and functional cognitive treatment activities. Clinical examples will focus on adults with stroke and acquired brain injury across inpatient and outpatient settings; however, implications and applications for a wide range of populations will be discussed. Small group hands-on activities including role playing, and problem solving are integrated throughout the workshop.

This workshop is based on content from the book - The Multicontext Approach to Cognitive Rehabilitation".

# Price and registration details:

#### Price:

#### Until April 30, 2026:

- 150€ for day 1 (Presentation of the functional cognition concept)
- 550€ for the entire 3 days workshop

### From May 1st, 2026:

- 175€ for day 1 (Presentation of the functional cognition concept.)
- 625€ for the entire 3 days workshop

### To resgiter:

- Via the QR-Code link:
- For more information about registration : fmc@u-bordeaux.fr
- For more information on workshop and logistical organization: <a href="mailto:rechercheparamedicale@ch-perrens.fr">rechercheparamedicale@ch-perrens.fr</a>









